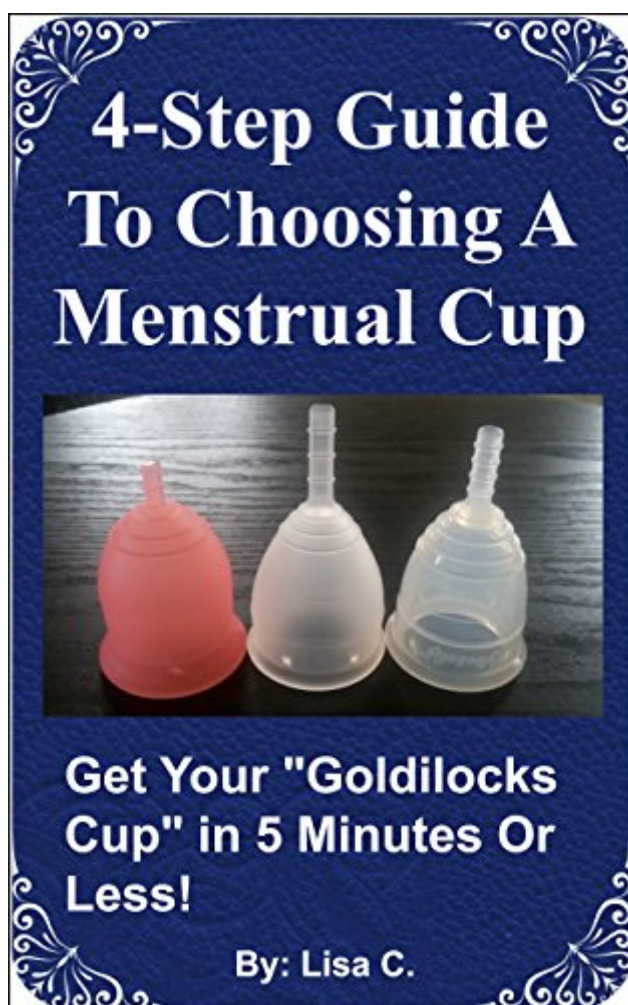


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# 4-Step Guide To Choosing A Menstrual Cup: Get Your "Goldilocks Cup" In 5 Minutes Or Less!



## Synopsis

If you'd like to try a menstrual cup but don't know where to start or you find yourself needing to buy a second cup because the first one didn't fit right and just won't stop leaking, then this book is for you. When you first start learning about menstrual cups, it's difficult knowing where to start. Cup comparison charts can be confusing, there are so many different cups and sizes. And Youtube videos aren't much help, because yes, while it's nice to see various cups next to each other, that still doesn't tell us which cups would be best for our body. We don't guess our shoe sizes, so why guess which menstrual cups we can use? This book will teach you how to avoid the guessing game. In just 4 simple steps, you will learn how to eliminate 95% of menstrual cups that won't fit. The only thing left to do is to choose the brand of cup that will be guaranteed to fit without a doubt. Cup companies want you to choose a cup based on:- how heavy or light your flow is, or- whether or not you've had a child. But if they were to teach you these steps, they could potentially fall into the group of cups that won't fit, and lose your sale. Here's what people are saying about the information we have shared: "This is exactly the information and images I was looking for and couldn't find anywhere else. Thank you so much." - Gina "Yes, thank you so much for taking the time to share this! I have been having leakage problems and haven't found this information anywhere else - it makes a lot of sense, and will hopefully help me (and others) address these issues. Your diagrams are especially helpful. Much appreciated." - Fuu Join the thousands of women who will never go back to using tampons and pads. Scheduling bathroom breaks to avoid leaks is quickly becoming a thing of the past with the freedom offered by menstrual cups. If you're ready for a low maintenance, set it and forget option, here is your chance to learn how to choose a menstrual cup that is guaranteed to fit.

## Book Information

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